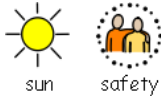
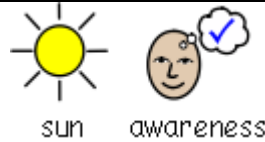


Sun awareness policy



At Sycamore Adventure we aim to promote safety in the sun. Sycamore Adventure staff will advise and support children and young people in attendance to play safely in the sun.

Keep protected from the sun



During summer months, we will remind all children that they should apply sun cream before attending the adventure playground. Children in attendance who come with schools may need to re-apply sun cream while they are here, (especially if they are attending for a full day). We would ask that schools bring sun cream with them (clearly labelled).



We would also suggest that children wear a sun hat/cap when they come to Sycamore Adventure during the summer months to avoid extreme exposure to the sun.



Staff will supply plenty of drinks during hot weather and the centre offers various locations to gain access to clean drinking water.



The team will ensure children have shaded areas to play in during the hot weather. This may involve erecting make shift shelters.



Please help us to help you to play safe in the sun!

“WRAP, SPLAT, HAT, SLURP”:



WRAP IT! Wrap up in a T-shirt, shorts and UV protected sunglasses.



SPLAT! Splat sun cream on your face and body before going outside in the sun and reapply every 1-2 hours.



HAT! Consider wearing a wide brimmed hat if you are playing in the sun (it's best to keep your face and neck shaded).



SLURP! Drink lots of water and keep hydrated.